This is a huge book in a small package. Toni Gilbert shows how to work with cosmic forces in our mundane world to bring about healing and personal growth. By using her own story and that of her clients as models of using archetypal images, actions and symbols to effect one's life, Gilbert shows you how to begin your own healing journey. She also gives you a powerful language with which to talk about your process and to chronicle its unfolding. This book is an inspiration.

-- Mary K. Greer, author of Who Are You in the Tarot?